

Racine County Meals on Wheels/Congregate Menu

August 2024

Call 262-833-8766 before 9:30 am the previous day (Monday-Friday) to cancel a meal

					1 Baked Meatloaf w/Country Gravy Mashed Potatoes Carrots with Chives Whole Wheat Bread Chilled Peaches	2 Potato Crusted Fish Au Gratin Potatoes Peas Whole Wheat Bread Applesauce
5 Meatball Marinara Sub Sandwich Wheat French Roll Potatoes Italiano Italian Green Beans Whole Orange	6 Salisbury Steak Mashed Potatoes/Gravy Cabbage and Carrots Multi-Grain Bread Mixed Fruit Oatmeal Raisin Cookie	7 Roast Turkey Breast & Wisconsin Cheddar Wheat Kaiser Lettuce and Tomato Pea Salad Pineapple Tidbits	8 Lemon Basil Chicken Garden Vegetables Corn and Black Beans Multi-Grain Roll Applesauce	9 Veal Parmesan Penna Pasta Marinara Sauce Broccoli Wheat Vienna Bread Fresh Melon		
12 Chicken Ala Orange Vegetable Rice Pilaf Northern Beans Bran Muffin Bread Chilled Peaches	13 French Dip Beef with Mushroom and Onions Oven Fries Corn Wheat Roll Whole Apple	14 Classic Lasagna With Meat Sauce Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears	15 Surimi Crab Salad Mixed Green Salad w/ Tomato Dilled Cucumbers Apple Cinnamon Muffin Fruit Cup	16 Hot Dog Wheat Bun Twice Baked Potato Casserole Peas and Carrots Banana		
20 BBQ Riblet Mashed Sweet Potatoes Chef's Vegetables Wheat Sandwich Bun Strawberry Yogurt	21 Hamburger on Wheat Sandwich Bun Bean Casserole Mixed Vegetables Fruit Sunburst	22 BLT Chicken Salad Mixed Salad Greens With Tomato Wedges Tri-Bean Salad Corn Bread Mandarin Oranges	23 Spaghetti with Meatballs w/ Marinara Capri Blend Vegetables Wheat Vienna Bread Chilled Pears	24 Herbed Baked Chicken Mashed Potatoes Green Bean Casserole Bran Muffin Bread Whole Apple		
26 Baked Meatloaf w/Country Gravy Mashed Potatoes Stewed Tomatoes Whole Wheat Bread Whole Orange	27 Biscuit and Gravy With Eggs Diced Hash Browns Apple Cobbler Juice Banana	28 Slow Roast Beef Au Gratin Potatoes Carrots and Chives Multi-Grain Roll Mixed Fruit	29 Asian Glazed Chicken Citrus Brown Rice Broccoli Multi-Grain Bread Mandarin Orange Jello Fortune Cookie	30 Turkey Pasta Salad Lettuce and Tomato Tri-Bean Salad Whole Wheat Bread Pineapple Tidbits		